

Pierowall Junior High School

Head Teacher: Mr Ally Sangster

Policy

PSD Policy

07.01.03

AIMS

- The aims of PSD are to help pupils to have appropriate regard for self, and for others and their needs.
- Develop life skills to enable them to participate effectively and safely in society.
- Take increasing responsibility for their own lives.
- To provide pupils with the information necessary to make informed choices in situations they will encounter both inside and outside.



PSD PROGRAMME

S1

Understanding Yourself	-	Anxieties and worries
	-	Time management
	-	Money Issues
Developing Relationships	-	Family
	-	Others
	-	Responsibilities
You and the wider community	-	the law
	-	the community
	-	citizenship
	-	the media
Sex Education	-	Body Parts
	-	Worries/Fears
	-	Body Images
Drugs Education	-	Smoking
	-	Alcohol
	-	Solvent Abuse
Study Skills	-	Note making
	-	Presentation
Road Safety		
Progress File		
Careers	-	An introduction to careers

PSD PROGRAMME

S2

Understanding Yourself	- Self Esteem & Confidence
	- Shyness
	- Making mistakes
	- Leisure Time
Developing Relationships	- Friends and Friendships
	- Other cultures and lifestyles
Developing as a Citizen	- The media – the power of advertising
	- Opinions – speaking your mind
	- Your values
Sex	- Body Parts / Puberty
	- Relationship Issues
	- Sexual Relationships
	- Values and Attitudes
	- Contraceptive Methods
Drugs	- Facts
	- Alcohol : Facts / Myths
	- Making Decisions
Study Skills	- Working Practices
	- Responsibility
	- Planning
Careers	- Options Choice

PSD PROGRAMME

S3

Understanding Yourself	-	Self Assessment
	-	Controlling own behaviour
You and Others	-	Resisting peer pressure
	-	Decision Making
	-	Stereotypes and Prejudice
Developing as a Citizen	-	The EU
	-	Global Issues
You and the World	-	The Law
	-	You and the Media
Drugs	-	Myths about Alcohol
	-	Tobacco and Other Drugs
	-	Peer Pressure
Careers as per SLA	-	Progress Files
	-	Practice use of careers library and websites
	-	JiiG - CAL
Sex	-	Sexual Responsibility
	-	Sexuality
	-	STDs – Facts

PSD PROGRAMME

S4

- | | | |
|-----------------------|---|--------------------------|
| Parenthood | - | Responsibilities |
| | - | Reasons and Consequences |
| | - | Roles |
| Aids | - | Facts |
| | - | Attitudes |
| Study Skills | - | Dealing with Exams |
| | - | Revision Timetables |
| | - | Study Methods |
| Systems and Democracy | | |
| Careers | - | As per SLA |
| Drugs | - | Alcohol |
| | - | Problematic Drug use |